

**Title: Conversations**

**Subtitle: Who thinks martial arts are spiritual?**

**Second Subtitle: Re: Who thinks martial arts are spiritual?**

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URL: [https://www.wizanda.com/modules/newbb/viewtopic.php?topic\\_id=29](https://www.wizanda.com/modules/newbb/viewtopic.php?topic_id=29)

Anything is spiritual... if you see the spirituality it holds within it :) So matter of letting it be... and then finding what it is to you.