Title: Conversations

Subtitle: Frozen Light - The Crystal Lightworker Companion

Second Subtitle: Re: Frozen Light - The Crystal Lightworker Companio

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It's a pleasure, Pete. And thanks, yea, fluorite is water-soluble too. Studerystals before cleansing and working with them is good practice.

About cleansing by submerging in sea salt & water, it can be risky as to crystals or getting salt particles trapped in minute cavity. When the salt cause your crystal to crack. Many of us city people do not have the privinearby, actually a cool shower works too, just as we human crystals show becoming increasingly intuitively-guided, whatever method you use will be

I have Melody's book too, which is a very extensive guide on crystals. If crystals, I recommend The Crystal Bible by Judy Hall featuring over 200 1-84181-175-0). For an A to Z metaphysical guide with the more popular Crystal Enchantments by D.J. Conway(ISBN 1-58091-010-6. Crystal Balls Ancient Scrying & Modern Seership, by Ted Andrews (ISBN 1-56718-026-4 Crystal Woman, which tells of Lynn V. Andrews shamanic journey with he (ISBN 0-446-38572-7)

Blessings on your journey of awakening... =)

Snow