Title: Conversations

Subtitle: Altruistic Karma Liberates Second Subtitle: Altruistic Karma Liberates

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We're in a world of desires, which leads us to delusions (Maya); when we demons (Asura), when we learn to give up self, and live altruistically, we this realm (Moksha).

The 7 Deadly Sins (Lust, Pride, Greed, Wrath, Envy, Gluttony, Sloth) are physicality; whereas in Karma Yoga (Good Action to Connect to Source) is materialistic desires, to better serve others, before self.