

**Title: Conversations**

**Subtitle: Alternative Catharsis**

**Second Subtitle: Alternative Catharsis**

Author: wizanda

Date: 1689801423

URL: [https://www.wizanda.com/modules/newbb/viewtopic.php?topic\\_id=28](https://www.wizanda.com/modules/newbb/viewtopic.php?topic_id=28)

Finding the roots of the anger, and transducing it into something constructive.  
punching the wall, and physically doubling the anger.