

**Title: Conversations**

**Subtitle: Brahmacharya ( Celibacy)**

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Brahmacharya ( Celibacy)

The importance of "Brahmacharya" is clearly explained in Yejurveda. In t understand this and practice it.. All Vedas and other scriptures of Hindu regarding Brahmacharya. In vedic period a student is also known as Brah energy, strength and vitality of mind and various organs one can lead a l life. The mind will be clear and brain will superb for a Brhmachari. It enl and health since it is the mine of all virtues .Brahmacharya is the dam o learned people keep it and their power and life increases and all sickness preach and to practice is very difficult. One should try to be always in th and control their senses as far as possible to get the actual reward of hu the company he keeps. If one always move in the company of good, learn no doubt that he can be one among them one day. Company is contagious colors accordingly sooner or later. He cannot remain unaffected for long only noble people but also good books written by great scholars, Sages, and Munis. These contain vast treasures of wealth and will make one so would appear very insignificant. One of the verses in YajurVeda state th actually endowed with divine powers should do two things in this world. C propagate the teachings of Brahmacharya and control of senses so that p and healthy leading a full vigorous life. Next thing is by education and p teach one and all how to develop their inner strength and power so that p blissful life fully in all respects. In another verse it is stated that such p company of bad people and give up all bad evil habits and keep away fro their vitality beget good children, they strength and glorify their race ar

Brahmacharya will give the power to face and solve any problems as a b through turbulent waters of the sea. A Brahmachai will be liked and resp meetings. In one verse it is explained that the age of a boy begins at tw is seventeen and up to this period they should practice Brahmacharya at married. Those who get education following the rules of Brahmacharya, t in all what they do, like a hawk and become the hallmark of respect, enjo deer.

In the student life it would be better to preserve their vital fluid which is can utilize their energy and strength for their education and learning. In imparted with all the knowledge right from the Earth to the sun and in th body and such students in future will assets to their country and world. T head, heart and hand in such a way which will be beneficial to the societ truly said that if our hearts are strong, our heads are right in vain. A pe and a person without Dhrma is like a beast.

Education and knowledge are like two eyes of a person which enable him to assess his own position. The purpose of education is to make man what he

According to Vedas education on arts and material science is not enough. Of achieving perfection can be achieved by studying spiritual science. That we may live a new life in the realm of self and the creation, with having become virtuous. Every second of the life should be fully utilized so that there is no idling. It may be noted that "An idle mind is a devil's workshop." Of course, there should be exercise along with study to keep one fit and fresh and ready to face life. If proper education is not given to children parents become enemies of society. Teachers should take utmost care for understanding to develop character along with studies. They should be taught that all women are like mothers and should be protected according to their age and they should be protected whenever necessary. In Vedas it is also stated that

1. Not to earn wealth at the cost of others' pain and suffering
2. It is not good to be fatigued too much both physically and mentally
3. Hard-work is the keystone to virtuous earning with the sweat of one's brow, not speculation and gambling.
4. Don't do anything undesirable and harmful to the society
5. Acquire knowledge which can't be stolen away by thieves than material wealth

A great scholar of ancient India Sri Pathanjali in his teachings explained the importance of Brahmacharya and it is studied by foreign scholars and one such famous scholar is Dr. Louis an eminent physician opined that most precious atoms of the body enter into the composition of semen (in his book Chastity). So preservation of semen by practicing continence helps the better development of brain, body, and mind. Dr. Nicholas says that the best blood in the body goes to form the elements of reproduction in both the sexes. So if anybody wastes semen he is losing the best part of the blood and he becomes weak physically and intellectually. If preserved he becomes strong, intellectual, heroic and powerful.

Ancient Rishi of India Pathanjali also says in his Yogasutra that CONTINENCE IS LIFE AND INCONTINENCE IS EQUAL TO DEATH. SHIVA in the Jnanasamkalani Tantra says that "The wise do not regard ordinary forms of asceticism as real asceticism. Continence is the highest form of asceticism. He who is a continent is equal to God.

So especially youth in whom the future of our country rests, should practice celibacy as far as possible to lead the country and countrymen to have a