

Title: Conversations

Subtitle: Who am I

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Author: qOLOp

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"Open for me slightly your heart, and I'll open the world for you"

Book of Zohar

Who am I and for what purpose do I exist? How did we appear here and was it possible that we have already been in this world before? Can we know our future? Why does man suffer and is it possible to avoid suffering? How can one find luck? How can we attain tranquility, fulfillment, and happiness?

Many people in every generation attempt to find answers to these persistent questions and the very fact that this happens from generation to generation demonstrates that no one has found satisfactory answers. Studying nature and the cosmos, we find that the laws and functions in accordance with strict, purposeful laws. Regarding our existence in nature's creation, we find humanity to be as if it were outside this system. In a wise and logical manner nature created each part of our organism, seeing to it that the functioning of each cell of the body, we are unable to answer the question: How does the entire living organism function?

All that surrounds us is permeated by the cause and effect relation, meaning that everything exists without a purpose. In the world of physical bodies, there exist definite laws of rotation. A similar logic exists in the plant and animal kingdom. But the question of purpose does all this exist, that is, not only ourselves but also the entire world surrounding us - still remains without an answer. Is there a person in the world who at least once in his life, concerned with this question? The existing scientific world is governed by invariable physical laws, which we are unable to affect. The goal consists in wisely utilizing those laws to live out, well some 70 to 120 years on this planet, on ground, both literally and figuratively, for future generations. But for the sake of the "develop by way of evolution of the simplest forms", or "was life brought to earth by accident? There are two dates - birth and death, and what occurs between them is precious. Or vice versa: life is nothing if after it there is an end, darkness. Or is there a wise, all-envisioning, logical Nature that creates nothing in vain? Or are there goals still undiscovered? Our studying of the world is in essence merely a reaction to our actions, which we perceive by our five senses: touch, smell, sight, hearing, or by instruments that increase their range. All that is beyond our studies and experiments it does not exist as far as we are concerned. Moreover, we are unable to see the way we do not miss a sixth finger, or the way it is impossible to explain the world to the blind. For this reason, man will never discover hidden forms of nature by his own power.

According to Kabbalah, the spiritual world exists but is not perceived by the physical world. The Universe is a tiny part of this world located in the center and our planet is a tiny part of the Universe. This world of information, thoughts and feelings, affecting us through many ways, by nature and chance, places us in certain situations that determine the way we live. The influence in matters like the time and place of our birth, or who we are going to meet in our life, and what consequences our actions are going to have.

Author: Rav Michael Laitman, PhD