

Title: Conversations

Subtitle: Acrostic

Second Subtitle: Re: Acrostic

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L iving moment to moment

I n acceptance of memory, thought and dream

B ecoming more than I knew was possible

E merging anew after such a long sleep within this cocoon

R eentering life aware, shaking loose the old, a new being born, wings o
take flight

A uthenticity calls the new self forth

T rusting forward movement behold self love, acceptance, and grace

E volving...equal to the task embraced at last.